

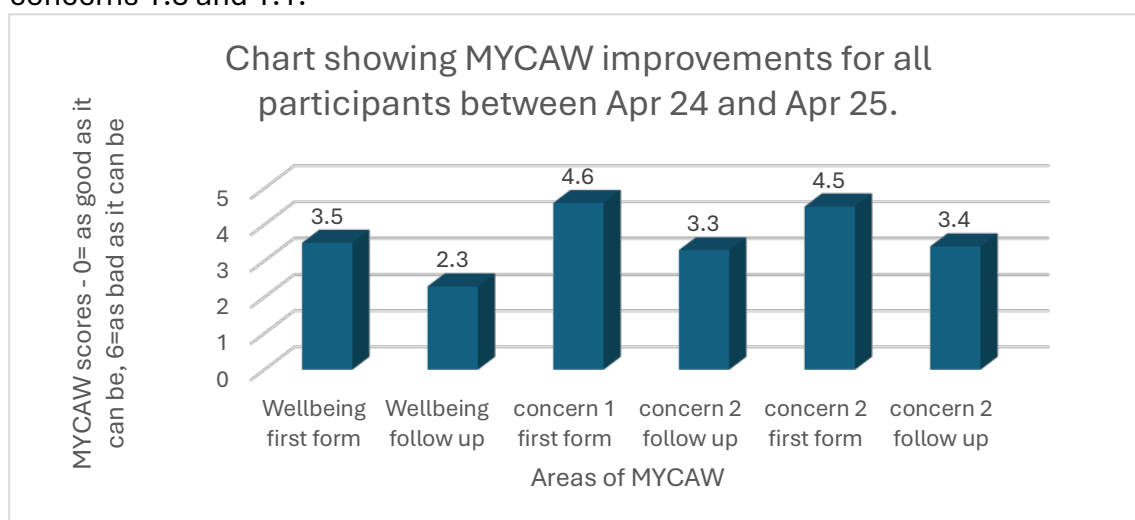
<b>CHARITY NAME:</b>	<b>The Green Light Trust</b>
<b>Specific purpose of award:</b>	
<ul style="list-style-type: none"> <li>• The set up of a new, second, Green Light Trust camp at RSPB Strumpshaw Fen.</li> <li>• Between 60 and 100 participants struggling with their progression will be supported to improve their wellbeing and life chances.</li> <li>• Delivery of between 60 and 100 days of immersive, supportive, educational woodland activities for the benefit of the most disadvantaged in our society.</li> </ul>	
<b>Award amount:</b>	£3500
<b>Date funds received:</b>	8 <sup>th</sup> May 2024
<b>Period of spending:</b>	June 24 – March 25.
<b>Grant overview and beneficiaries</b>	
<p>The grant was requested to support the set-up of a new camp at our RSPB Strumpshaw Site on the outskirts of Norwich.</p> <p>The new camp has and will continue to expand our services in Norfolk for those from the most marginalised and deprived areas of Norfolk.</p> <p>In total we have worked with 143 participants at our Strumpshaw site during the funding period.</p> <p>The exciting outcome from this grant has been that the result of the new camp has enabled us to extend our resource to children and young people who are struggling to achieve in mainstream education. We have worked with 2 young people from January 25 to date, with continuing enquiries from schools and other services in the area. The impact for those currently attending has been a significant change in the young people's school attendance, home life and overall wellbeing. Final comments from our facilitator regarding a recent young persons engagement;</p> <p><b><i>“ what a journey you have been on. We have noticed that your confidence and behaviour has vastly improved since you started. Your listening skills have also significantly improved - you don't get annoyed anymore when we ask you to do something. Frustration levels at the start were quite high whereas now we can see you don't seem to find things irritating you as readily as before. You have become more respectful and sensible over the course period and you have done lots of work on your politeness. “</i></b></p>	

### examples of how the grant has benefited the participants:

During the period of funding, the Green Light Trust, with help from these funds, supported near to 143 enrolments onto our activities across our Natural Alternative and Adult Rebuild & Support pathways.

Impact - During a participant's engagement with us we measure their wellbeing, and any concerns they may have, prior to starting the activity and at the end using the Measure Yourself Concerns and Wellbeing tool.

As you can see from the below chart, the average improvement to wellbeing for those that engaged on a 12 week programme during the funding period was 1.2, and concerns 1.3 and 1.1.



The set up of the camp was also an opportunity for current cohorts of participants to develop and hone skills by assisting in the build and set up of the camp. Small working parties across cohorts were tasked with supporting in the new build and, as a result, developed or added to existing skills and knowledge of woodworking and woodland crafts.

These tasks also built on their communication and team working development skills – this is an extract from a case study from a participant engaged on the pathway

*Coming to the **Green Light Trust** has changed me for the better, I feel like a different person, I am a lot happier, more confident and I am learning new skills. I have got better at interacting with other people, I was very shy and now feel I can talk to anybody! I have enjoyed meeting new people and making friends. I have learned so much about being outside, woodworking and learning about nature and wildlife. It has made me realise that I do care about the environment, and we all need to help look after it and protect it for ourselves and others in the future. I have learnt how to work in a team. Working in a team can mean so many things to different people and give such a sense of achievement and is appreciated. I can now also identify trees, birds and insects and I couldn't do that*

Some pictures reflecting the new camp at RSPB Strumpshaw.



Feedback

How did you find our own process of selection and payment?

Would you welcome a visit by our Trustees?

Absolutely! Please do let us know if you would like to visit by contacting me on [jane@greenlighttrust.org](mailto:jane@greenlighttrust.org)