THE NINEVEH CHARITABLE TRUST **PARK FARM** FRITTENEDEN ROAD BIDDENDEN **ASHFORD KENT TN27 8LG**

Registered No. 256025

Questionnaire

Tel: 01580 291531

Please note if you would prefer to write a report on your project with photos that is also acceptable.

Tell us about yourselves (Charity Name, Donation Amount and Date of Donation)

Happiness Outdoors Project (HOP) CIC (Company number: 15717578) £3000 grant received 12/08/2024

Tell us about the Funds

Has the project we helped to fund been completed? If so, how is it maintained?

The project funded by the grant has completed. HOP is now seeking funding to continue its work for the 2025-26 school year.

- If not completed yet, why not? Are plans in place to finalise the project?
- Did the funds provided by us prove adequate, or was there an over- or under-spend?

The funds were adequate and spent in full.

How were any surplus funds used, or was further funding made available?

There were no surplus funds

Tell us about the project

Has the project been successful and well received by the beneficiaries?

The project has been successful and positively benefited participants and schools. A total of 252 hours of nature connection were delivered throughout the year, rain or shine, reaching 510 children aged 7-11 years old across Bowhill Primary School and Ladysmith Junior School with support from 2 community volunteers.

95% of children reported feeling happy after spending time outdoors with the project. Children feedback that HOP has helped their confidence, improved their mood and made them 'feel good' about themselves, school and life in general. Children have gained new practical skills as well as knowledge and appreciation about the outdoors and nature. Parents feedback that HOP has given their children grounding and motivation, a strong sense of belonging and purpose and inspired them to do more with nature outside at home, one parent commented that after HOP her son was "excited to play in the garden instead of asking for more screen time". Schools report that HOP has helped children build resilience and allowed children to thrive who struggle in classroom settings.

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Are you satisfied with the outcome, or, with hindsight, would some modifications have been appropriate?

The positive outcomes of the project have been very exciting and motivating for HOP to continue its work in schools. Ongoing reflective practice has helped adapt session content, timings, group sizes and facilitation to respond to the settings, the climate and the children's interests and needs.

Experience with fundraising has also indicated that our work moving forward will be best delivered by fewer staff with smaller groups to reduce costs and fit better with funding availability.

Was funding for this project made available from any other sources?

Further funding was obtained from a range of different sources, including grants from: Devon County Council Locality Budget and Growing Communities fund; Norman Family Trust; Hele's Educational Trust; Gibbons Family Trust; Devon Community Foundation; Bowhill PTFA, Ladysmith Schools Children, Parents, Teachers Together, Crowdfunding at Ladysmith Junior School and community business partner sponsorship from Robinsons News, The Cakery Exeter, Ansa's Bike Repairs, Bradleys Estate Agents and Shillingford Organics.

Feedback about us

How did you find our own process of selection and payment?

The process of selection and payment was straightforward. The information provided to support the application process was useful and thorough. The communication following the selection and payment was timely and helpful.

Have you considered providing us with an update on the activities for which our Trust provided the funding?

We use Instagram (https://www.instagram.com/happinessoutdoorsproject/) to provide photo updates of HOP's activities and have also published a website

(https://happinessoutdoorsproject.org).
We do have further detailed information and feedback which we would be happy to provide. Do you have specific questions you would like us to answer, or a preferred reporting format?

Would you welcome a visit by our Trustees?

Yes, we would welcome a visit by the Trustees, especially if this was timed to coincide with our sessions at the schools, so that the Trustees could see the project in action and the way in which the children are engaged in activities. We would be more than happy to facilitate this and can make arrangements with the schools in the new school year.

Have you any other comments?

Is it possible for us to apply again to the Nineveh Trust?

This questionnaire is part of our due diligence, obtaining feedback to help us, and we are grateful for your input - please return the questionnaire as soon as possible. Please email all questionnaires and/or reports to sally@ninevehtrust.org.uk

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