



**Building
Self-Belief**

Building Self-Belief CIO / The Nineveh Charitable Trust Benfieldside Communtiy Garden Case Studies





Case Study - Tommy & Archie

Durham Youth Volunteer Award Winners for Benfieldside Community Garden

Enjoying time the garden





Pumpkin carving



Wellbeing Rocks





Making 'Lavender Bags'



Designing strawberry planters





At the Durham Youth Awards



Being thanked for their community contribution on the programme by their local MP Liz Twist





Making new friends





Testimonials

Donna Johnson – Mother of Tommy

'I want to say how nice it is to see the garden back in bloom. I have lived here a long time and gave up using the space because it was in such a miserable state. Nobody took action in the community even though we complained. Fast forward to 2025 and the garden is looking beautiful again, children are playing and helping. It's exactly what a community garden should be.

It is without doubt a massive thanks to Building Self-Belief and all the volunteers, I am grateful for all you have done. Community is important to us all.

Tommy – 'I was really excited to get my award. I love visiting the garden nearly every day and enjoy helping and being part of the events there.'



Becca Garland – Mother of Archie

'Archie loves going to the garden and doing what he can to help. The activities have really helped him to make new friends and feel a part of something lovely in the local community'.

Archie – 'I love going to the garden and helping when I can. I like digging and helping and being with my friends there. I was very proud to get my award.





Event Flyers



With thanks to the Nineveh Charitable Trust for their kind support of this work.

