



Nineveh Charitable Trust Report - PLUS (Forth Valley) Ltd

Grant: £3,100 towards the cost of laptops and office chairs

Introduction

PLUS have had a busy year, providing the following activities and support.

We delivered 3,714 events across the different projects we provide. This resulted in 31,157 of respite. We supported 236 children and young people. We were also able to provide an additional 49 events which were aimed at parents and carers. These events had 188 attendances and provided 278.75 hours of support. An additional Family Event also took place where we had over 100 families in attendance. A total breakdown of our stats are as follows:

Who	Number supported	Number of attendances	Number of hours of support
CYP	236	8,896	31,157
Sibling	2	26	39
Parent/Carer	52	188	278.75
Total	280	9,110	31,474.75

The benefits this support can be best explained by some quotations from our families. These evidence feelings and experiences of;

- Inclusion and acceptance – sense of belonging
- Feeling safe
- Having fun
- Creating friendships – reduced isolation (for young people and their families)
- Families and young people being at the centre
- Better connected carers

‘Knowing that M is being looked after by people who genuinely care for her and understand her needs which in turn allows us to relax and enjoy some time with our other child doing activities that M finds challenging.’

‘Time away from home for C to socialise with people who are like her and understand her is such a comfort.’

‘We are so grateful to PLUS for the sessions they provide. They are the only sessions we get anywhere so very much valued. We value the PLUS sessions as a break but they are without a doubt the quickest 3 hours of the month.’

‘E is very aware that she doesn’t really have friends at school now and she says PLUS is the only place she has real friends. She loves meeting the other children with additional needs and she really enjoys the attention she gets from 1:1’ support.’

‘Knowing my child is busy doing activities while safe and nurtured so that I can relax to allow me to concentrate on other family matters e.g. spending time with sibling/supporting wider family.’

The grant from The Nineveh Charitable Trust, supported our core team with replacing key resources. Without our core team, we could not make the impact illustrated above.

IT

As we continue to work on a hybrid basis since the pandemic, we have been limited in who could work from home due to not everyone having a laptop. We have been replacing desktops when they have no longer been able to be supported by microsoft (e.g. old windows systems). Laptops provide us with significant flexibility for our team as we are able to take part in meetings out of hours – which can include training, meeting with families and staff meetings (group and 1:1 support); staff

can take laptops to meetings in other rooms at PLUS or offsite. We have been grateful to have been able to purchase 3 laptops to support our team.

Office Furniture

We purchased 10 new office chairs for our core office team, and they have been delighted to have new chairs which are more supportive, comfortable and easy to keep clean.

Whilst not an exciting purchase, providing staff with a new and better chair, that they sit in 5 days a week really does have a big impact. They each thank you for your support.

Summary

In conclusion, we are so thankful for the grant towards the replacement of key resources. This grant is supporting our team to be more effective in their roles and as we have a more comfortable environment, it is contributing positively to the outcomes of the young people we support.

For further information, please contact Laura Kearney, Trusts and Grants Fundraiser, by email: laura@plusforthvalley.org.uk