

**THE NINEVEH CHARITABLE TRUST
PARK FARM
FRITTENEDEN ROAD
BIDDENDEN
ASHFORD
KENT TN27 8LG**

Registered No. 256025

Tel: 01580 291531

Questionnaire

Please note if you would prefer to write a report on your project with photos that is also acceptable.

Tell us about yourselves (Charity Name, Donation Amount and Date of Donation)

Mental Health Resource. Donation amount = £1000 received on 21st April 2023.

Tell us about the Funds

- Has the project we helped to fund been completed? If so, how is it maintained?

The walking group continues to be a popular group at our flagship project, The Hub. The Walking group continues to run and is maintained by volunteers and other funding from other sources.

- If not completed yet, why not? Are plans in place to finalise the project?

There are no plans to bring the project to a close and this will continue to be a weekly project for the foreseeable future.

- Did the funds provided by us prove adequate, or was there an over- or under-spend?

The project was successfully run over the year, and costs were in line with our bid. The Nineveh grant met c20% of these costs. With more funding we would be able to support more clients and have more groups in play to help with exercise and wellbeing; the need for such support groups is only increasing within the community, and our clients are calling out for more of this support.

- How were any surplus funds used, or was further funding made available?

The grant from Nineveh was used in full with further funding from the National Lottery used to meet the full project costs.

www.ninevehtrust.org.uk



Tell us about the project

- Has the project been successful and well received by the beneficiaries?
 - The project is hugely popular with our clients and continues to be well received by the beneficiaries. The Project has grown in size; we now have over 25 clients that are listed on the walking group with an average of 18 to 20 clients attending each week. Our clients decide on where they wish to walk each week, with the walk broken into 2 groups so that those with mobility issues can take an easier route to with both groups meeting at the same end point. When the weather improves, our aim is to start a more local accessible walk as well to enable some form of exercise for the clients, and to encourage them out on days that would otherwise keep them inside.
One client has managed to lose weight and even now takes part in other exercise such as swimming and is encouraged by others to do so. He says, *“Getting out in the fresh air and being with others makes me feel healthier and improves the wellbeing of my health”*.

www.ninevehtrust.org.uk



Are you satisfied with the outcome, or, with hindsight, would some modifications have been appropriate?

We are satisfied with the delivery of the project and the outcomes.

- Was funding for this project made available from any other sources?

We supplemented the grant from Ninevah with further funding from the National Lottery to meet the full project costs

Feedback about us

- How did you find our own process of selection and payment?

The application process was extremely straightforward, as was the payment and all other contact with the Trust.

- Have you considered providing us with an update on the activities for which our Trust provided the funding?

We would be more than happy to provide an update on the Walking groups activities.

- Would you welcome a visit by our Trustees?

yes

- Have you any other comments?

Thank you again for your support for this project! We're hugely grateful.

This questionnaire is part of our due diligence, obtaining feedback to help us, and we are grateful for your input – please return the questionnaire as soon as possible. Please email all questionnaires and/or reports to sally@ninevehtrust.org.uk

www.ninevehtrust.org.uk

