

# WHITEHALL PARK SUPPORTERS GROUP

FUNDING £5000.00 (MAY 2021)

## NINEVEH FUNDING REPORT.

The funding enabled us to deliver our project with the help of match funding .

**Total Project Cost: £20,950.00 (Ninveh £5000.00 – Other funding £15,950.00)**

**Nineveh Expenditure Breakdown: £5000.00**

### DBS

Volunteer DBS Checks x 2 £19.20

### STORAGE

Purchase Storage cabin purchase, Purchase Shelving for Container

Locks, Additional keys for cabin £1123.57

### EQUIPMENT / TOOLS

Various Hand tools, Gloves, Pond pump, Watering cans, Dibbers,

Information Boards, Strimmer repair, Garden Twine, Bamboo canes, seed Markers £416.87

### PLANTS / SEEDS ETC

Plants, Seeds, Bulbs, Compost, Organic Fertilizer, Pea Gravel, Plant food £604.65

### TRAVEL

Reimbursement of participant travel expenses £997.70

**REFRESHMENT /CLEANING £223.47**

### ADMIN / PUBLICITY

Flyers, Notice Board, Paper & Printer Ink £268.24

### TRAINING

Lancashire wildlife Trust Training sessions

### STRUCTURES

Timber for raised veg beds, Installation of accessible beds, Outdoor Tap Fittings £1118.15

### **What did we do with our funding?**

We ran garden sessions weekly for 12mths from July 2021 to end of Aug 2022. The sessions were run as 2 clubs. One for adults and one for children / families.

The adult gardening sessions was ran on Mondays 10am till 12 followed by lunch and on Saturdays 1pm till 3pm. The children's Little Potters Club (LPC) was ran on Saturdays 1pm till 2pm.

We undertook training delivered by LWT to enable our volunteers to expand their knowledge and build confidence to deliver the project.

We built additional beds in which to expand the growing capacity on site. We also built accessible beds and new entrance to enable wheelchair user and people with additional needs to be able to participate and access the site.

We purchased storage facilities, tools and equipment and provided travel costs to those in need of assistance to enable them to attend.

We contracted in leader to deliver LPC sessions.

### **What was our objective?**

Our objective was to develop garden clubs that all ages and abilities could participate in with the objective of learning new skills, understanding the benefits of growing and eating fresh fruit and veg. Understanding how the way we garden has an impact on the wider environment.

Our other objective was that by participating people would experience the positive benefits that being outdoors gardening, walking etc brings in terms of mental health, physical health, isolation and social interaction.

### **Who were our beneficiaries? What were the outcomes?**

During the last 12mths we have had over 50 people attend the adult sessions with approx 25 attending on a regular weekly basis. The LPC has over 40 families which have attended. The LPC has a regular attendance weekly of approx 15 with others attending regular on a monthly basis,

The age range of beneficiaries has been between 18mths and 70yrs old. They have been a mixed diverse group with able bodied, people with additional needs, people struggling with mental health and loneliness, refugees and asylum seekers adult and children.

The outcomes have exceeded our objectives thanks in the main to the additional match funding and the enthusiasm of our volunteers and those who have attended.

Feedback from our adult gardening participants show that :

- 100% felt they had learnt new skills.
- 83% felt they had benefited socially
- 42% felt they had benefitted by feeling more part of the community
- 58% felt they had benefitted Mentally or physically.

Fruit and veg harvested has been shared by participants, used for lunches and any surplus been donated to local food banks.

Little Potters Club have learnt to grow food and enjoyed nature and wildlife activities. They have built a wildlife pond, a hedgehog house and a bug hotel. They have made bird feeders and bird and bat boxes and adults have installed them in the park. They enrolled onto the RHS gardening award scheme working their way up to a level 4. They enjoyed cooking and tasting the fruit and veg grown and had opportunity to take some home. They also took home seeds to grow at home, sunflowers, peas and strawberry runners.

Parents of those attending LPC have feedback that they have noticed:

- A greater enthusiasm to be outdoors
- Less reluctance to try new foods
- Improved behaviour
- Better concentration
- Eagerness to grow food at home and explore wildlife

They also noted that the project has allowed them to do something as a family and learn together.

By providing travel expenses to those who otherwise would not have been able to attend we have encompassed a more diverse group in particular refugees and asylum seekers. Other attendees have stated they feel they have benefitted by socialising with other divers groups and learning about different cultures and languages.

### **Other Comments**

The application process was simple and straightforward and payment was prompt once grant had been acknowledged. Although we didn't receive the full amount that we applied for we were grateful for the £5000.00 we received as this enabled us to successfully apply for other funding from Harvesting Diversity Fund and AFA.

We would be more than happy to showcase our growing area and clubs should the trustees wish to visit.

Please see attached photos (Consent has been given for us to include)



## Photos





